



B/ATTITUDE SPA ETIQUETTE

The Buddhattitude Spa is a place of wellness and serenity. Our Guests enjoy a perfect setting of harmony and balance. Please help us maintain our tranquility.

RESERVATION

We request all treatment bookings to be made a few hours prior to your appointment. In order to provide the most effective treatment that matches your needs, when making your Spa appointment please inform us of any health conditions you may have.

SPA ARRIVAL

We invite you to arrive at the Spa Reception 5 minutes prior to your treatment reservation, so you have adequate time to calmly prepare yourself and complete the Spa Health questionnaire. We remind you that late arrivals will not receive extension of treatment time. In case of being late, please contact us to reschedule your treatment to a more convenient time.

BEFORE/DURING/AFTER TREATMENT

Neither come to the Spa for your treatment with an empty stomach, nor have a heavy meal beforehand. Drink plenty of water. The water intake will allow your body to apply the benefits of the detoxifying effects of the Spa experiences. Take a brief shower before your treatment. Avoid sun exposure immediately after your treatments.

WHAT TO WEAR

It is a mandatory to wear swim suits and slippers in the Spa area, while appropriate sport shoes and suites are necessary to use the fitness facilities.

Our Therapists are trained to drape towels discreetly over any area of the body not involved in the treatment and to respect privacy at all time.

CANCELLATION POLICY

We understand that unexpected circumstances may result in difficulty to keep to appointments. If you must cancel, please provide us with as much advance notice as possible.

Please note that the following cancellation charges may apply:

More than 24 hours: No charge

Cancellations within 4 - 6 hours: 50% will be charged

Cancellations within 4 hours or less: 100% will be charged

No shows: 100% will be charged

AGE REQUIREMENT

To maintain a calm and soothing atmosphere, guests under 14 years old without accompanying person are not allowed to enter any area of the Spa.

VALUABLES

We do not take responsibility for any lost personal belongings. Please leave your valuables in your room safe or in the lockers placed in the changing rooms.

SPA AMBIANCE AND CODE OF CONDUCT

The atmosphere at Buddhattitude Spa was created to offer a unique, relaxing and quiet experience. Please do not use electronic devices (cell phones and others), and avoid making any kind of noise. Please respect the right to privacy and tranquility of other guests, and if you must converse please do it in a low voice.